





NATIONAL SERVICE SCHEME



"SAY NO TO TOBACCO - AN AWARENESS PROGRAMME"

Date & Time: 07.12.2022, 10.30 a.m

Venue: Chera Hall

<u>Report</u>

NSS Unit of our college jointly with Department of Public Health, organized an awareness programme on 'SAY NO TO TOBACCO' with the primary aim of achieving tobacco free status. The programme witnessed participation of around 270-280 first year students.

The event began with the welcome address by Mr.G.Dinesh, Unit I In-charge. This was followed by a speech from Dr.S.Sivakumar, Vice Principal. He informed all the facts of consuming tobacco and how it slowly drags the smoker onto the tracks of death. On this occasion Mr.Jaishankar, District Health Educator,DDHS,Aranthangi; Mr.Shanmugasundaram,Health Supervisor, Gandarvakkottai Block; Mr.Muthukumar, Non-Medical Supervisor, Gandarvakkottai Block and Health Inspectors Mr.Nithis Kumar, Mr.Rishindan and Mr.Dhavakumar , visited and guided the students with real life examples. Mr.Jaishankar speaks briefly about the ill effects of consuming tobacco and how to rid off from the habit. Then, Mr.Shanmugasundaram made the students aware of the present environment and how they should be conscious of their activities. He also suggested how to create smoke free environment. And, Mr.Muthukumar stressed the students to create awareness among the people about problems caused by tobacco with his fun filled speech. Students became well aware about the tobacco monster and made up their mind to stay miles away from it. The event concluded with thanks giving by Mr. S. Ambalatharasu, Unit II In-charge.

NSS PROGRAMME OFFICERS

PRINCIPAL

